

## What does the *Face by Thermage*<sup>™</sup> procedure feel like?

When the energy is applied, you'll feel a deep, but brief, heating sensation, which is an indication that collagen is reaching effective temperatures for tightening. To protect the surface of your skin, a cooling spray is delivered before, during and after each application of energy. You will be asked for feedback on the level of heat sensation experienced during the procedure to help balance your comfort with maximum results.

## What kind of results can I expect?

Everyone can expect some collagen tightening. The magnitude of visible improvement varies from subtle to dramatic. Generally, some improvement is immediately visible and continues up to six months as new collagen forms in the skin. Patients experience:

- Overall tighter and smoother skin
- Contouring along the jaw line
- Softening of wrinkles around the mouth and forehead
- Tightening of loose skin under the chin

**Dr. Paul Zakrzewski,  
MD, CCFP, PhD**

**MDSPA  
and laser clinic**  
EXCEPTIONAL MEDICAL AESTHETICS

**Tel: 780-438-7546**

  
**Thermage**<sup>®</sup>  
*Reshaping Your Future*

25881 Industrial Blvd.  
Hayward, CA 94545  
Tel: 877-782-2286  
[www.thermage.com](http://www.thermage.com)  
[www.thermage-info.com](http://www.thermage-info.com)

FDA cleared for the non-invasive treatment of wrinkles and folds.  
© 2005 Thermage, Inc. Thermage<sup>®</sup>, ThermoCool<sup>®</sup> and Face by Thermage are registered trademarks or trademarks of Thermage, Inc. MK0027A

Printed in USA

 **Face by  
Thermage**<sup>®</sup>

*No surgery. No injections. No downtime.*



Model is not  
an actual patient.

## Patient Information

*Face by Thermage*<sup>™</sup> is a safe, non-invasive procedure that helps smooth, tighten and contour skin for a naturally younger looking appearance without surgery or injections and little to no downtime.

## What is the *Face by Thermage* procedure?

The procedure is non-invasive, generally requires only a single treatment in your clinician's office and you can quickly get back to your normal routine.

The *Face by Thermage* procedure delivers heat deep into the skin to tighten existing collagen and stimulate new collagen growth. Collagen is the building block that provides structure to your skin.

Thermage procedures help tighten and renew your skin's collagen deep down, through all three skin layers: the epidermis, dermis and subcutaneous (fat) layer.

## How does it work?

A handpiece with a smooth, flat tip delivers Thermage's unique monopolar capacitive radiofrequency (CRF) technology, which safely heats the deeper layers of your skin. This stimulates existing collagen and promotes new collagen growth over time.

## How long does it take?

Depending on the size of the area to be treated, the procedure may take as little as 20 minutes or up to two hours.

## How many treatments will I need?

Unlike many laser procedures requiring four or more sessions, a single Thermage treatment produces results in the majority of patients. Your doctor will determine the course of treatment that is right for you, based on your needs and goals.

## What will my skin feel like after the procedure?

Immediately following the *Face by Thermage*™ procedure, your skin should feel tighter and smoother. Over time, most patients notice additional tightening and contouring around the jawline and below the chin.

## How long will the results last?

The *Face by Thermage*™ procedure stimulates new natural collagen production for up to six months following the treatment. Results can last for years depending on your skin condition and aging process.

## Is the *Face by Thermage*™ procedure safe?

Like all Thermage procedures, *Face by Thermage* has an excellent safety record. Of course, as with any procedure there's always some risk. Your physician can discuss this with you during your consultation.

## How long before I can return to my normal activities?

There's no special care needed after treatment and most patients return to their regular activities immediately following treatment. Some people experience mild redness, but it usually disappears quickly. Side effects are generally mild and may include redness, swelling, blisters, bumps and rare instances of surface irregularities.

## How much does the *Face by Thermage* procedure cost?

The cost depends on the area you're having treated. Your physician will discuss his or her fees with you at the time of your consultation.

## The results

Before Thermage

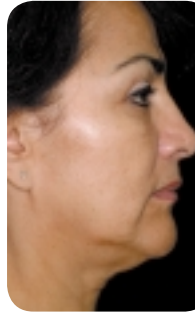


4 Months Post Treatment



Treatment by Flor Mayoral, M.D.

Before Thermage



2 Weeks Post Treatment



Treatment by Flor Mayoral, M.D.

Before Thermage



1 Month Post Treatment



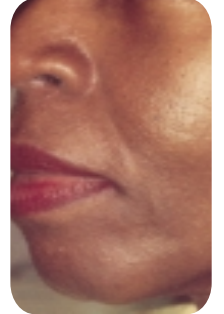
Treatment by Julio Barba, M.D.

## The results

Before Thermage



6 Months Post Treatment

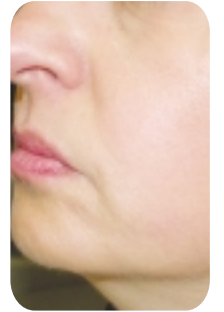


Treatment by Mark Nestor, M.D.

Before Thermage



2 Months Post Treatment



Treatment by Robert Weiss, M.D.

Before Thermage



6 Months Post Treatment



Treatment by Flor Mayoral, M.D.

All Before and After photos are un-retouched and represent patients who have had significant results. Your results may vary depending on age and skin condition.